

# JANUARY 2024 HANDICAP

Sunday 7th January

Officials: Liz and Tony Airnes

Pos	Name	Pred Time	H'Cap Time	Diff	Pred Rank	PB	Date
1	Graham Davies	27:20	26:57	00:23	1	19.39	Mar-00
2	Nick Hume	27:58	28:27	00:29	2	18.37	Feb-88
3	Suzanne Leonard	29:30	31:26	01:56	8	26.51	Jun-23
4	Karen Dunford	31:50	32:29	00:39	5	26.44	May-06
5	Ian Close	32:30	33:14	00:44	6	22.41	May-01
6	Peter Gibson	34:00	33:23	00:37	3	25.35	Dec-11
7	Malcolm Beech	39:44	42:52	03:08	9	30.54	Apr-19
8	Tony Croft	43:00	43:38	00:38	4	19.33	Jun-87
9	Fiona Martin	43:30	44:19	00:49	7	37.11	Apr-21
10	Ella Leonard	29:30	DNF			25.42	Jun-23

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Thank you to everyone who supported the Handicap on a cold and icy morning with glorious sunshine for Liz & Tony to stand in whilst the runners skidded and slid around parts of the course. It was good to see 3 medallists from Saturday's Lancashire XC Championships taking part (Suzanne, Karen & Nick) and that everyone returned in one piece. Today was a case of getting round safely and enjoying the event. Once again thanks to Liz and Tony for coming along to officiate for us.

**FEBRUARY HANDICAP: 4th FEBRUARY 2023 at 10.00**