## **DECEMBER 2023 HANDICAP**

**Sunday 3rd December** 

**Officials: Liz & Tony Airnes** 

Pos	Name	Start Time	Finish Time	H'Cap Time	PB	Date
1	lan Dawson	00:00:00	23:59	23:59	21.43	Jul-15
2	Graham Davies	00:00:00	25:22	25:22	19.39	Mar-00
3	Paul Eaton	00:00:00	25:48	25:48	24.23	Oct-21
4	Peter Bradburn	00:00:00	26:09	26:09	PB	Oct-23
5	Nick Hume	00:00:00	26:21	26:21	18.37	Feb-88
6	Nicola Unsworth	00:00:00	27:46	27:46	24.53	Apr-18
7	Ian Close	00:00:00	32:37	32:37	22.41	May-01
8	Peter Gibson	00:00:00	33:49	33:49	25.35	Dec-11
9	Malcolm Beech	00:00:00	40:00	40:00	30.54	Apr-19
10	Tony Croft	00:00:00	40:05	40:05	19.33	Jun-87

With a mass start and a couple of icy patches on New Lane it was good to see everyone return safe and sound as the Handicap completed another successful year having first been run in January 1985. There was a massive PB of over 2.30mins by Peter Bradburn whilst Graham Davies was 2 seconds off a new M65 Record! Everyone runnning today has been a loyal supporter of the Handicap over the years so thanks for continuing to run. Once again our appreciation goes to Liz & Tony Airnes for timekeeping and recording and all their assistance during the year.

Race, with no timepieces allowed, but back to the traditional Handicap Start

## **HANDICAP RECORDS**

	Category	Name	Time	Date	
(	Open Men	CARL KING	18.16	Jun-98	
	M40	PHIL LEYBOURNE	19.17	Jun-11	

M45	JOHN HOUGHTON	19.36	Oct-02	
M50	TONY CROFT	20.04	Apr-00	
M55	STUART CALDERBANK	21.14	Mar-02	
M60	GRAHAM DAVIES	23.49	Apr-17	
M65	GRAHAM DAVIES	25.21	May-22	
M70	JOHN WINTERS	26.25	Sep-05	
M75	MIKE WALSH	28.07	Jun-07	
Open	SHARON ASTLEY	20.49	Jul-86	
Ladies	SHARON ASTLEY	20.49	Jui-60	
F35	CAROLINE BETMEAD	21.47	Jun-07	
F40	CHRISSIE O'CONNOR	23.27	May-04	
F45	CAROLINE BETMEAD	23.07	Jun-21	
F50	CAROLINE BETMEAD	24.05	Dec-21	
F55	BEV WRIGHT	24.46	Mar-17	
F60	MARGARET BROWN	29.07	Nov-06	
F65	MARGARET BROWN	30.44	Sep-08	