

## NOVEMBER 2023 HANDICAP

Sunday 5th November

Officials: Liz & Tony Airnes

Pos	Name	Start Time	Finish Time	H'Cap Time	PB	Date
1	Peter Bradburn	00:06:00	34:46	28:46	28.45	Oct-23
2	Graham Davies	00:09:00	34:50	25:50	19.39	Mar-00
3	Nick Hume	00:08:00	35:08	27:08	18.37	Feb-88
4	Paul Eaton	00:09:00	35:16	26:16	24.23	Oct-21
5	Karen Dunford	00:05:00	35:41	30:41	26.44	May-06
6	Ian Close	00:05:00	36:47	31:47	22.41	May-01
7	Peter Gibson	00:03:00	39:50	36:50	25.35	Dec-11
8	Tony Croft	00:00:00	41:56	41:56	19.33	Jun-87

With only 8 runners it was quite a lonely run for most to start off with but with 5 runners approaching the level crossing on the return it showed that the Handicaps were not too far out. Peter Bradburn just missed out on a PB because he wasn't sure of the final turn so slowed down to check whilst the others just enjoyed the opportunity to test themselves on a near perfect day for trying to run a little faster. Again many thanks to Liz and Tony Airnes for coming along to Timekeep & Record as this is greatly appreciated.

**Next Handicap will be Sunday 3rd December with a 10.00 Start for all runners**

### HANDICAP RECORDS

Category	Name	Time	Date
Open Men	CARL KING	18.16	Jun-98
M40	PHIL LEYBOURNE	19.17	Jun-11
M45	JOHN HOUGHTON	19.36	Oct-02
M50	TONY CROFT	20.04	Apr-00

M55	STUART CALDERBANK	21.14	Mar-02
M60	GRAHAM DAVIES	23.49	Apr-17
M65	GRAHAM DAVIES	25.21	May-22
M70	JOHN WINTERS	26.25	Sep-05
M75	MIKE WALSH	28.07	Jun-07
Open Ladies	SHARON ASTLEY	20.49	Jul-86
F35	CAROLINE BETMEAD	21.47	Jun-07
F40	CHRISSIE O'CONNOR	23.27	May-04
F45	CAROLINE BETMEAD	23.07	Jun-21
F50	CAROLINE BETMEAD	24.05	Dec-21
F55	BEV WRIGHT	24.46	Mar-17
F60	MARGARET BROWN	29.07	Nov-06
F65	MARGARET BROWN	30.44	Sep-08