

MAY 2023 HANDICAP

Wednesday 3rd May

Officials: Liz Airnes, Tony Airnes & Andy Hall

Pos	Name	Start Time	Finish Time	H'Cap Time	PB	Date
1	Gary Sharratt	00:03:00	32:38	29:38	PB	
2	Josh Smith	00:11:00	32:53	21:53	PB	
3	Andy Slater	00:04:30	33:05	28:35	PB	
4	Jack Wilson	00:11:00	33:22	22:22	DR	
5	Laura Lawler	00:06:30	33:31	27:01	26.17	Jun-12
6	Graham Davies	00:08:00	33:37	25:37	19.39	Mar-00
7	Michael Osinski-Gray	00:13:30	33:44	20:14	PB	
8	Helen Hall	00:06:00	33:48	27:48	27.14	Oct-97
9	Paul Eaton	00:09:30	34:00	24:30	24.23	Oct-21
10	Anthony Blight	00:06:00	34:08	28:08	24.55	May-02
11	Jonathon Sanderson	00:10:00	34:22	24:22	24.06	Apr-22
12	Steve Dunn	00:09:30	34:33	25:03	23.21	May-21
13	Karen Dunford	00:06:00	34:41	28:41	26.44	May-06
14	Simon Reason	00:11:00	34:44	23:44	22.03	Oct-20
15	Rachel Slater	00:03:00	34:48	31:48	31.47	Apr-23
16	Steve Davies	00:06:30	34:49	28:19	PB	
17	Basia Pawelczak	00:06:00	34:55	28:55	27.03	Jun-19
18	Nick Hume	00:08:30	34:56	26:26	18.37	Feb-88
19	Chris Wylie	00:08:30	34:56	26:26	23.07	Apr-23
20	Andrea Smith	00:06:00	35:08	29:08	22.36	Sep-02
21	Nicola Eaton	00:00:00	35:37	35:37	35.02	Oct-22
22	Zac Terras	00:00:00	37:29	37:29	29.10	Jun-22
23	Bill Smith	00:00:00	38:01	38:01	37.34	Nov-20
24	Malc Beech	00:00:00	38:03	38:03	30.54	Apr-19
25	Phil Lakeland	00:00:00	38:47	38:47	29.44	Jun-17
26	Tony Croft	00:00:00	39:25	39:25	19.33	Jun-87
27	Debs Terras	00:00:00	42:18	42:18	33.05	Nov-16

Another good turnout and some great performances with PBs for Gary, Josh Andy, Michael & Steve and others coming close to their PBs. Michael's was the fastest time for 2 years and shortly after a marathon. Most however just enjoy the event and the chance to pit themselves against the course and the elements along with their closest rivals.

Thanks to Liz, Tony and Andy for officiating and keeping us all in order.

Next Handicap will be Wednesday 7th June at 19.00

HANDICAP RECORDS

Category	Name	Time	Date
Open Men	CARL KING	18.16	Jun-98
M40	PHIL LEYBOURNE	19.17	Jun-11
M45	JOHN HOUGHTON	19.36	Oct-02
M50	TONY CROFT	20.04	Apr-00
M55	STUART CALDERBANK	21.14	Mar-02
M60	GRAHAM DAVIES	23.49	Apr-17
M65	GRAHAM DAVIES	25.21	May-22
M70	JOHN WINTERS	26.25	Sep-05
M75	MIKE WALSH	28.07	Jun-07
Open Ladies	SHARON ASTLEY	20.49	Jul-86
F35	CAROLINE BETMEAD	21.47	Jun-07
F40	CHRISSIE O'CONNOR	23.27	May-04
F45	CAROLINE BETMEAD	23.07	Jun-21
F50	CAROLINE BETMEAD	24.05	Dec-21
F55	BEV WRIGHT	24.46	Mar-17
F60	MARGARET BROWN	29.07	Nov-06
F65	MARGARET BROWN	30.44	Sep-08