

APRIL 2023 HANDICAP

Wednesday 12th April

Officials: Liz Airnes, Tony Airnes & Malcolm Beech

Pos	Name	Start Time	Finish Time	H'Cap Time	PB	Date
1	Laura Lawler	00:04:30	32:11	27:41	26.17	Jun-12
2	Karen Dunford	00:04:30	33:31	29:01	26.44	May-06
3	Andrea Smith	00:04:30	33:38	29:08	22.36	Sep-02
4	Steve Davies	00:05:30	34:02	28:32	DR	
5	Michael Osinski-Gray	00:13:30	34:05	20:35	PB	
6	Nicola Unsworth	00:06:30	34:19	27:49	24.53	Apr-18
7	Andrew Neil	00:08:30	34:23	25:53	PB	
8	Andy Slater	00:04:00	34:24	30:24	PB	
9	Anthony Blight	00:05:30	34:25	28:55	24.55	May-02
10	Steve Dunn	00:08:30	34:28	25:58	23.21	May-21
11	Basia Pawelczak	00:05:30	34:30	29:00	27.03	Jun-19
12	Paul Rawcliffe	00:08:30	34:33	26:03	DR?	
13	Andy Hall	00:04:30	34:36	30:06	26.49	Jul-22
14	Chris Wylie	00:11:30	34:37	23:07	PB	
15	Gary Sharratt	00:03:00	34:40	31:40	30.32	Sep-22
16	Nick Hume	00:08:30	34:44	26:14	18.37	Feb-88
17	Rachel Slater	00:03:00	34:47	31:47	PB	
18	Scott Ross	00:11:30	34:53	23:23	DR	
19	Kira Cheshire	00:08:30	34:54	26:24	PB	
20	Peter Gibson	00:03:00	35:06	32:06	25.35	Dec-11
21	Steve Wilson	00:11:00	35:23	24:23	PB	
22	Simon Reason	00:11:30	35:38	24:08	22.03	Oct-20
23	Kate Lakeland	00:07:30	35:41	28:11	25.54	Jun-22
24	Graham Davies	00:08:30	35:47	27:17	19.39	Mar-00
25	Phil Lakeland	00:00:00	39:55	39:55	29.44	Jun-17
26	Tony Croft	00:00:00	40:00	40:00	19.33	Jun-87
27	Elaine Hudson	00:00:00	41:05	41:05	34.55	Sep-18
28	Zac Terras	00:00:00	45:32	45:32	29.1	Jun-22
29	Debs Terras	00:00:00	45:33	45:33	33.05	Nov-16

Oh what a night for Handicap Racing - with 2 or was it 3 making their debuts (Steve D, Scott R and possibly Paul R as the records have a Paul R from 1999)? With 7 PBs (Steve W, Kira C, Rachel S, Andy S, Chris W, Andrew N and one of the fastest times for a couple of years (Michael O-G) it was a great evening. Plus with 16 runners finishing within a minute of each other the handicapping wasn't too bad either! Thanks to Tony, Liz and Malc for coping so admirably with all this.

Next Handicap will be Wednesday 3rd May at 19.15.

HANDICAP RECORDS

Category	Name	Time	Date
Open Men	CARL KING	18.16	Jun-98
M40	PHIL LEYBOURNE	19.17	Jun-11
M45	JOHN HOUGHTON	19.36	Oct-02
M50	TONY CROFT	20.04	Apr-00
M55	STUART CALDERBANK	21.14	Mar-02
M60	GRAHAM DAVIES	23.49	Apr-17
M65	GRAHAM DAVIES	25.21	May-22
M70	JOHN WINTERS	26.25	Sep-05
M75	MIKE WALSH	28.07	Jun-07
Open Ladies	SHARON ASTLEY	20.49	Jul-86
F35	CAROLINE BETMEAD	21.47	Jun-07
F40	CHRISSIE O'CONNOR	23.27	May-04
F45	CAROLINE BETMEAD	23.07	Jun-21
F50	CAROLINE BETMEAD	24.05	Dec-21
F55	BEV WRIGHT	24.46	Mar-17
F60	MARGARET BROWN	29.07	Nov-06
F65	MARGARET BROWN	30.44	Sep-08