

DECEMBER 2022 HANDICAP

Sunday 4th December

Officials: Liz Airnes, Tony Airnes & Betty

Pos	Name	H'Cap Time	PB	Date
1	Paul Eaton	25:14	24.23	Oct-21
2	James Unsworth	25:32	20.06	May-14
3	Graham Davies	25:59	19.39	Mar-00
4	Nick Hume	26:16	18.37	Feb-88
5	Nicola Unsworth	26:38	24.53	Apr-18
6	Andrew Neal	26:41	PB	
7	Ian Close	30:50	22.41	May-01
8	Jayne Ogier	31:02	PB	
9	Peter Gibson	32:38	25.35	Dec-11
10	Chris Wylie	25:00	23.59	Aug-22
11	John Dunn	38:10	PB	
12	Simon Scarr	38:11	27.46	Nov-20
13	Tony Croft	41:24	19.33	Jun-87

A cold still morning greeted the runners for the 450th Handicap and the close of the 38th year since it commenced with 6 lost to Covid. Almost 11,000 times have been recorded with over 700 individuals having participated since January 1985, so you are all part of a great tradition. Congratulations to Andrew, Jayne & John on their PBs and thanks to Liz, Tony & Betty for giving their time so freely for us to compete.

Next Handicap will be Sunday 8th January at 10.00. This will be the traditional Handicap but with runners to predict their times before setting off and therefore no timing devices allowed.

HANDICAP RECORDS

Category	Name	Time	Date
Open Men	CARL KING	18.16	Jun-98
M40	PHIL LEYBOURNE	19.17	Jun-11

M45	JOHN HOUGHTON	19.36	Oct-02
M50	TONY CROFT	20.04	Apr-00
M55	STUART CALDERBANK	21.14	Mar-02
M60	GRAHAM DAVIES	23.49	Apr-17
M65	GRAHAM DAVIES	25.21	May-22
M70	JOHN WINTERS	26.25	Sep-05
M75	MIKE WALSH	28.07	Jun-07
Open Ladies	SHARON ASTLEY	20.49	Jul-86
F35	CAROLINE BETMEAD	21.47	Jun-07
F40	CHRISSIE O'CONNOR	23.27	May-04
F45	CAROLINE BETMEAD	23.07	Jun-21
F50	CAROLINE BETMEAD	24.05	Dec-21
F55	BEV WRIGHT	24.46	Mar-17
F60	MARGARET BROWN	29.07	Nov-06
F65	MARGARET BROWN	30.44	Sep-08