

OCTOBER 2022 HANDICAP

Wednesday 5th October

Timekeeper: Nick Hume Recorders: Malcolm Beech & Gill Hume

Pos	Name	Watch Time	H'Cap Time	PB	Date
1	Michael Osinski-Gray	32.24	21.24	PB	
2	Andy Hall	32.35	27.05	PB	
3	Andrew Neal	33.22	27.52	DR	
4	Helen Hall	33.24	27.54	27.14	Oct-97
5	Paul Eaton	33.52	24.52	24.23	Oct-21
6	Andrea Smith	34.13	31.13	22.36	Sep-02
7	Ian Dawson	34.26	23.26	21.43	Jul-15
8	Anthony Blight	34.52	26.52	24.55	May-02
9	Nicola Eaton	35.02	35.02	PB	
10	Peter Gibson	35.05	34.35	25.35	Dec-11
11	Simon Reason	35.12	24.12	22.03	Oct-20
12	Rachel Slater	35.23	33.53	33.44	Sep-22
13	Graham Davies	35.49	26.49	19.39	Mar-00
14	Jonathon Sanderson	36.00	28.00	24.06	Apr-22
15	Ian Close	36.09	32.09	22.41	May-01
16	Steve Dunn	37.33	28.33	23.21	May-21
17	Phil Lakeland	37.58	37.58	29.44	Jun-17
18	Tony Croft	43.29	43.29	19.33	Jun-87

On a windy evening it was great to see such good support for the last Wednesday Handicap of the year. Michael O-G ran another PB for the fastest Handicap of 2022 so far. Andy H, fresh from the Berlin Marathon, set a new PB. There is something about October for the Eaton family as Nicola set a new PB whilst Paul set his in Oct 21. Andrew N made his debut and now has something to aim for next time out. For many others it was enjoying the challenge and holding back the years or on the road back to fitness as a golden sky welcomed the runners home.

Next Handicap will be Sunday 6th November at 10.00

