

JUNE 2022 HANDICAP

Wednesday 1st June

Timekeeper: Amanda Fuller and Recorder Andy Hume

Pos	Name	Start Time	Finish Time	H'Cap Time	PB	Date	
1	Kate Lakeland	00:07:00	32:54	25:54	PB		
2	Nicola Unsworth	00:05:00	33:03	28:03	24.53	Apr-18	
3	Graham Davies	00:08:00	33:21	25:21	19.39	Mar-00	= M65 Record
4	Anthony Blight	00:07:00	34:00	27:00	24.55	May-02	
5	Zach Terras	00:05:00	34:10	29:10	PB		
6	Basia Pawelczak	00:05:00	34:51	29:51	27.03	Jun-19	
7	Laura Lawler	00:07:00	35:02	28:02	26.17	Jun-12	
8	Nick Hume	00:05:00	35:12	30:12	18.37	Feb-88	
9	Dawn Maher	00:05:00	35:23	30:23	27.47	Jun-19	
10	Tony Terras	00:10:00	35:38	25:38	23.33	Nov-20	
11	Malcolm Beech	00:00:00	35:38	35:38	30.54	Apr-19	
12	Andrea Smith	00:05:30	35:43	30:13	22.36	Sep-02	
13	Paul Sparrow	00:10:00	35:48	25:48	23.14	Aug-17	
14	Peter Gibson	00:03:00	36:06	33:06	25.35	Dec-11	
15	Karen Dunford	00:05:30	36:33	31:03	26.44	May-06	
16	Jonathan Sanderson	00:10:00	37:46	27:46	24.06	Apr-22	
17	Simon Reason	00:10:00	37:52	27:52	22.03	Oct-20	
18	Nickola Walker	00:00:00	37:54	37:54	32.59	Jun-19	
19	Phil Lakeland	00:00:00	39:59	39:59	29.44	Jun-17	
20	Tony Croft	00:00:00	40:14	40:14	19.33	Jun-87	

Congratulations to Kate Lakeland and Zach Terras on their PBs on a good night for racing and also to Jonathan Sanderson and Simon Reason for supporting the event shortly after their runs at the Edinburgh Marathon. With a score of runners and many who are loyal to the Handicap it is great to see the tradition is still going strong. Special thanks to Amanda Fuller and Andy Hume for their timekeeping and recording to enable us to run.

Next Handicap will be Wednesday 6th July at 19.10