

OCTOBER 2021 HANDICAP

Wednesday 6th October

Timekeeper: Zac Terras with Handicap Official Debs Terras

Pos	Name	Start Time	Finish Time	H'Cap Time	PB	Date
1	Peter Gibson	00:00	32:49	32:49	25.35	Dec-11
2	Kira Cheshire	07:00	33:45	26:45	PB	
3	Basia Pawelczak	04:00	34:04	30:04	27.03	Jun-19
4	Mike Cheshire	07:00	34:17	27:17	PB	
5	Nicola Unsworth	08:00	34:22	26:22	24.53	Apr-18
6	Paul Eaton	10:00	34:23	24:23	PB	
7	Carly Morgan	09:30	34:25	24:55	PB	
8	Danny Higgins	06:30	34:39	28:09	26.20	Aug-20
9	Nick Hume	09:00	34:42	25:42	18.37	Feb-88
10	Chris Wylie	10:00	34:43	24:43	PB	
11	Anthony Blight	08:00	34:48	26:48	24.55	May-02
12	Simon Reason	12:00	35:04	23:04	22.03	Oct-20
13	Steve Dunn	11:00	35:23	24:23	23.21	May-21
14	Graham Davies	09:00	35:28	26:28	19.39	Mar-00
15	Karen Dunford	06:30	36:46	30:16	26.44	May-06
16	Tony Terras	11:30	36:51	25:21	23.33	Nov-20
17	Andrea Smith	06:30	37:13	30:43	22.36	Sep-02
18	Paul Sparrow	10:00	37:26	27:26	23.14	Aug-17
19	Fiona Martin	00:00	39:05	39:05	37.11	Apr-21
20	Tony Croft	00:00	39:43	39:43	19.33	Jun-87

After a glorious Autumn day there was a touch of rain in the air as the Handicappers set off as darkness fell. However, everyone returned safely and on a mild evening that was obviously conducive to good running 5 PBs were recorded. Father and daughter duo, Mike & Keira Cheshire, showed just how well their running was going as did Carly Morgan, finding a return to form, and Chris Wylie who seems to be thriving on racing again. Paul Eaton's training is also paying dividends. It is great to see these times being set and the handicaps working out quite well with runners chasing each other down New Lane. Paul Sparrow, fresh from the London Marathon, eased himself round but without the crowds it wasn't quite the same! However, without all the others supporting the event it would not have the same buzz about it, even if some of the long time supporters are starting to feel their age. It is great that they continue to turn out and maintain their fitness though. At the end of the evening this could not happen without the support of the officials and thanks go to Debs and Zach Terras for their Timekeeping and Recording in the ever deepening gloom.