

JUNE 2021 HANDICAP

Wednesday 2nd June

Timekeeper: Debs Terras with Handicap Officials Amanda Fuller & Elaine Hudson

Pos	Name	Watch	H'cap	Time	PB	Date
1	Simon Reason	22.55	0.00	22.55	22.03	Oct 20
2	Caroline Betmead	23.07	0.00	23.07	21.30	Aug 07
3	Steve Dunn	24.17	0.00	24.17	23.21	May 21
4	Josh Mathias-Davey	24.42	0.00	24.42	23.52	Apr 21
5	Chris Wylie	24.55	0.00	24.55	DR	
6	Paul Sparrow	24.56	0.00	24.56	23.14	Aug 17
7	Jonathon Sanderson	25.58	0.30	25.28	PB	
8	Paul Eaton	26.05	0.00	26.05	24.21	May 21
9	Jenny Clark	26.22	0.30	25.52	25.28	Dec 20
10	Nick Hume	26.36	0.00	26.36	18.37	Feb 88
11	Nicola Unsworth	27.57	0.30	27.27	24.53	Apr 18
12	Anthony Blight	28.12	0.30	27.42	24.55	May 02
13	Dawn Maher	30.18	0.30	29.48	27.47	Jun 19
14	Basia Pawelczak	31.37	0.30	31.07	27.03	Jun 19
15	Zac Terras	31.54	1.00	30.54	30.32	Apr 21
16	Laura Lawler	31.59	1.00	30.59	26.17	Jun 12
17	Andrea Smith	32.00	1.00	31.00	22.36	Sep 02
18	Karen Dunford	32.09	1.00	31.09	26.44	May 06
19	Reg Smallbone	33.57	1.00	32.57	23.25	Jan 95
20	John Reason	34.23	0.30	33.53	32.15	Aug 20
21	Peter Gibson	36.00	1.00	35.00	25.35	Dec 11
22	Tony Croft	39.47	1.00	38.47	19.33	Jun 87
23	Bill Smith	40.00	1.00	39.00	37.34	Nov 20
24	Nickola Walker	42.10	1.00	41.10	32.59	Jun 19

DR= Debut run

On what was the hottest Handicap for a long time and with a strong easterly wind it was always going to be a tough test for the athletes. However, one runner was up for the challenge with Caroline Betmead eyeing the F45 Record of 23.13 set by friend and colleague Bev Wright way back in January 2009. She had planned the attack in meticulous detail even writing the required mile splits on the back of her hand for inspiration! With the official timing showing 23.07 a new F45 record had been run so congratulations to Caroline, one of our Life Members.

The only PB on the night was set by Jonathan Sanderson with Chris Wylie making his debut so no doubt both will be looking for new PBs in the future.

One correction from last month's report is that Chris McCarthy actually ran 19.48 in December 2020 which was 11 seconds faster than Marco Parolin's time of 19.57 in May. So how pleasing to have two Men now under 20 minutes.

Of course all this would not be possible without the support and time of our "Handicap Officials" Amanda Fuller, Debs Terras and Elaine Hudson – so a massive thank you to you all and we hope that Elaine's injury is operated upon very soon.