

Photos:

2404 Scott Sinclair on the 2019 Lancashire Championship Podium after winning Under 17 Men's Gold with 1.70m

2871 Scott Sinclair competing in the 2019 Lancashire Championship High Jump

1226 Scott Sinclair competing in the Youth Development League

3721 Scott Sinclair competing and winning Silver at the Northern U17/U15/U13 Championship

4456 Scott Sinclair on the Northern Athletics U17 Podium with the Triple Jump Gold Medal

4499 Scott Sinclair receiving an award from Jenny Meadows at the BWFAC Awards in Evening in November 2019

Dated 12<sup>th</sup> April 2020

BWFAC's Scott Sinclair celebrated his sixteenth Birthday yesterday (April 14th), and but for Coronavirus, would have been looking forward to the first Mid Lancs League fixture of the season on Saturday at the Stanley Park track, as well as the following week, first Youth Development League (Higher) fixture, also at Stanley Park.

Scott joined BWFAC in 2016 as a 2nd year Under 13 Boy, and proved to be a very good all round athlete in sprints, as well as jumps, both High and Long, where he reached 1.35m and 4.28m by the end of the year. During the two years as an Under 15, he improved markedly, with Bests of 1.72 metres in the High Jump, and 5.63 metres in the Long Jump. Sinclair had some Championship success, winning the 2019 Lancashire Championship High Jump with 1.70m, and Silver in the Lancashire Championship Long Jump with 5.63m.

In 2019 Scott Sinclair stopped competing in the High Jump, having probably reached his potential, and instead concentrated on Long and Triple Jump. Scott was 2nd in both the Lancashire AA with 6.20m and Lancashire Schools Championships Long Jumps with Photos, however his best result was a Silver Medal with 13.10m in the Northern U17/U15/U13 Championship Triple Jump. Throughout the year, Scott got plenty practice by finishing generally 1st or 2nd in many of Long and Triple Jump competitions for the Club in Mid Lancs, Youth Development and North of England League fixtures.

The future looked bright at the start of 2020, with Sinclair winning the Northern Athletic Indoor Triple Jump Championship with 13.17m at the English Institute of Sport in Sheffield. Two weeks later he made a 'raid' North of the border, competing at the magnificent Glasgow Emirates Stadium in the Scottish National U17/Senior Championships. Scott came back with Gold, by jumping a PB of 13.66 metres.

Four weeks later, Scott was back in Sheffield for the England Athletics U15/U17/U20 Championship. Number one U17 UK Triple Jumper Aaron Ashmead-Shoye of Newham & Essex Beagles won with 14.59m, a metre ahead of the rest of the field, with Sinclair 4th with 13.45m, frustratingly just 14 centimetres behind the Silver medal.

It had been a brilliant start to the season, with Scott Sinclair lying fifth in the UK Under 17 Men's rankings, and easily Number one in the North West.

The future of the season is problematic because of Coronavirus, with many meetings already cancelled, however the Northern and England U15/U17 Championships are still listed for August, and hopefully Scott will be able to finish the season as he started.









