

NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION
10,000 Metres Championships 2019
Wednesday 24th April 2019
Race Starts 18:00
Incorporating the Northern Athletics 10,000 Metres Championship
Monkton Stadium

(Under UKA Rules

Permit Number: OUT 19/130)

Conditions of Entry (please read carefully)

For the NECAA Championship, Medals will only be awarded to eligible athletes born, or having bona fide residence for nine months prior to the date of the competition, in the counties of Northumberland, Durham, Tyne & Wear or Cleveland. Athletes may compete in the Championships of only one County Association in any one calendar year. Term time only university residence does not qualify.

For the Northern 10000 Metres Championship, Medals will be awarded to athletes whose Clubs are affiliated to Northern Athletics.

Entries must be made on the official entry forms, which must be completed in full and returned, together with payment and correct postage to: Keith Willshire, 56 Newlands Road, Blyth, Northumberland, NE24 2QJ

Entry Fees: £8. Cheques/postal orders payable to N.E.C.A.A. **Closing date for entries: Saturday 19th April 2019**

No Entries on the night

Presentations will take place, as soon as possible, after event has been completed and results verified

Club Vests must be worn

Enter online at www.race-results.co.uk

Further copies of this entry form can be downloaded from www.necaa.info or Northern Athletics website

Enquiries to keithw53@keithw53.plus.com

NECAA 10,000M OFFICIAL ENTRY FORM (please complete in BLOCK CAPITALS)

Name _____

Full postal address _____

Post Code _____ Telephone _____ Email _____

Age Group _____ Date of Birth _____ Current Age _____ PB _____

Club _____ UKA
Registration _____

IMPORTANT

NUMBERS MUST BE COLLECTED FROM REGISTRATION AT LEAST 30 MINUTES BEFORE THE START OF YOUR EVENT.

FAILURE TO DO SO MAY RESULT IN YOU BEING EXCLUDED FROM THE EVENT.

I declare that I have read the conditions of entry and qualify to compete in the NECAA and/or NA Championships. Athletes may compete in the Championships of only one County Association in any one calendar year.

I enclose £8 entry fee

Signature(s) _____ Date _____

For athletes under the age of 18, the form must be signed by the athlete and a parent/carer.