

10k – Men - 2019

Time	Chip	Name	Cat	Race	Date
39.58	39.52	Ian Dawson	V40	Garstang	13.01.19
45.11	44.58	Peter Bradburn	V45	Blackburn	03.02.19
57.08	56.54	Malcolm Beech	V65	Garstang	13.01.19