

## 10k – Men - 2018

<b>Time</b>	<b>Chip</b>	<b>Name</b>	<b>Cat</b>	<b>Race</b>	<b>Date</b>
36.19		John Wright	V50	Pilling	29.09.18
37.47		Steve Simpson	V40	Pilling	29.09.18
38.24		Ian Dawson	V35	Lancaster	13.01.18
41.17	41.12	Adam Callow	V35	Blackpool	14.10.18
41.19	39.45	Steve Dunn	V40	Blackpool	14.10.18
42.00		Paul Beech	V40	Lancaster 3 Bridges	15.04.18
44.15		Anthony Blight	V45	Pilling	29.09.18
45.59	45.51	Jeff Wilson	V40	Salford	30.03.18
49.02		Simon Scarr	V55	Pilling	29.09.18
49.51		Kevin Woods	V55	Pilling	28.07.18
50.43	50.21	David Twizell	V60	Ribble Valley	30.12.18
50.52		Derek Crane	V50	Preston	30.09.18
54.20	54.00	Rick Pinches	V45	Ribble Valley	30.12.18
56.36		Malcolm Beech	V65	Pilling	29.09.18
57.18	56.43	Bob Massey	V70	Salford	30.03.18
64.09	63.34	Andy Hume	V45	Salford	30.03.18
64.48		Jeff Wright	V60	Blacksticks	13.05.18