

### Summer Fixture List 2019

9 <sup>th</sup> March 10 <sup>th</sup> March	CAU X-C Champs	Prestwood Hall. Leics
16 <sup>th</sup> March 18 <sup>th</sup> March	ESSA X-C	Chelmsford
23 <sup>rd</sup> March 24 <sup>th</sup> March	Winter Warm-up NA 6 &12-stage Relays	Stanley Park Birkenhead Park
30 <sup>th</sup> March 31 <sup>st</sup> March	World X-C Champs	Aarhus Denmark
3 <sup>rd</sup> April 6 <sup>th</sup> April 8 <sup>th</sup> April	Inter-Club Series ERRA 6&12-stage Relays	Blackpool Sutton Park
12 <sup>th</sup> April 13 <sup>th</sup> April 14 <sup>th</sup> April	Mid- Lancs Presentation Mid-Lancs T&F	Blackburn F C Blackburn
20 <sup>th</sup> April 21 <sup>st</sup> April		
27 <sup>th</sup> April 28 <sup>th</sup> April	YDL(Lower) London Marathon	Blackpool
2 <sup>nd</sup> May 4 <sup>th</sup> May	Inter-Club Series BUCS Champs (3 days) Mid-Lancs T&F	Lytham St Annes Bedford ? Hyndburn
5 <sup>th</sup> May 6 <sup>th</sup> May	YDL(Upper) Lancaster& Morecambe Medal	Leigh Lancaster
11 <sup>th</sup> May 12 <sup>th</sup> May	Lancs T&F Champs Lancs T&F Champs	Blackpool Blackpool
18 <sup>th</sup> May 19 <sup>th</sup> May	YDL(Lower) NoE T&F League	Bury Preston
25 <sup>th</sup> May 26 <sup>th</sup> May	YDL (Upper)	Stockport
1 <sup>st</sup> June	N A Sen/U20 Champs Mid-Lancs T&F	Sportcity Preston
2 <sup>nd</sup> June	N A Sen/U20 Champs	Sportcity

8 <sup>th</sup> June 9 <sup>th</sup> June	Lancashire Schools	Blackpool ?
12 <sup>th</sup> June 15 <sup>th</sup> June 16 <sup>th</sup> June	Inter-Club Series NOE T&F League	Preston Litherland
22 <sup>nd</sup> June 23 <sup>rd</sup> June	YDL(Lower) EA U20&23 Champs EA U20&23 Champs	Ashton-u-Lyne Bedford Bedford
25 <sup>th</sup> June 29 <sup>th</sup> June 30 <sup>th</sup> June	Inter-Club Series BA Champs & World Trials BA Champs & World Trials YDL(Upper)	Thornton Cleveleys Birmingham ? Birmingham ? Blackpool
6 <sup>th</sup> July 7 <sup>th</sup> July	Mid-Lancs T&F Northern Inter-Counties U15/17	Lancaster Middlesbrough
12 <sup>th</sup> July 13 <sup>th</sup> July 14 <sup>th</sup> July	English Schools English Schools NoE T&F League	Birmingham Birmingham Leigh
20 <sup>th</sup> July 21 <sup>st</sup> July	YDL(Lower)	Macclesfield
22 <sup>nd</sup> July 27 <sup>th</sup> July 28 <sup>th</sup> July	Inter-Club Series CAU Champs & EA AAA's CAU Champs & EA AAA's	Wesham Sportcity Sportcity
3 <sup>rd</sup> Aug 4 <sup>th</sup> Aug	Mid-Lancs T&F	Litherland
10 <sup>th</sup> Aug 11 <sup>th</sup> Aug	NoE T&F League	Blackpool
14 <sup>th</sup> Aug 17 <sup>th</sup> Aug 18 <sup>th</sup> Aug	Inter-Club Series NA U15/Y17 Champs NA U15/U17 Champs	Chorley Wavertree Wavertree
24 <sup>th</sup> Aug 25 <sup>th</sup> Aug	Mid-Lancs T&F Medal	Blackpool
31 <sup>st</sup> Aug 1 <sup>st</sup> Sept	E A U15/U17 Champs E A U15/U17 Champs	

4 <sup>th</sup> Sept	Inter-Club Series	Leyland
7 <sup>th</sup> Sept		
8 <sup>th</sup> Sept	Medal Meeting	Blackpool
14 <sup>th</sup> Sept		
15 <sup>th</sup> Sept		
21 <sup>st</sup> Sept		
22 <sup>nd</sup> Sept		
28 <sup>th</sup> Sept		
29 <sup>th</sup> Sept		
5 <sup>th</sup> Oct		
6 <sup>th</sup> Oct		