

2017

ROAD AND TRAIL CHAMPIONSHIP FIXTURES 2017			
-	-	<u>Category Winners</u>	-
Sunday	12.03.17	<u>Sweatshop 10 Bispham</u>	Results
Sunday	02.04.17	<u>Garstang Gallop</u>	Results
Thursday	11.05.17	<u>Lytham Inter Club</u>	Results
Sunday	14.05.17	<u>Worden Park 10k Leyland</u>	Results
Saturday	20.05.17	<u>Lancaster 5k</u>	Results
Thursday	01.06.17	<u>Badger 10k Trail Bamber Bridge</u> *Championship*	Results
Wednesday	14.06.17	<u>Preston Inter Club</u>	Results
Sunday	18.06.17	<u>Freckleton Half-marathon</u>	Results
Tuesday	27.06.17	<u>Thornton Inter Club</u>	Results
Sunday	09.07.17	<u>St Annes Carnival 5k</u>	Results
Saturday	15.07.17	<u>Elswick Express 10m</u>	Results
Monday	17.07.17	<u>Wesham RR Inter Club</u>	Results
Wednesday	09.08.17	<u>Chorley AC Inter Club</u>	Results
Sunday	13.08.17	<u>Blackpool Air Show 10k</u>	Results
Sunday	27.08.17	<u>Great Ecclestone 4</u>	Results
Wednesday	06.09.17	<u>Red Rose Inter Club Leyland</u>	Results
Sunday	22.10.17	<u>Green Drive 5 Lytham St Annes</u>	Results

Road Championship Category Winners 2017

Senior Women Champion Bev Wright F40 1st Place Michelle Tickle F45 1st Place Laura Lawler F50 1st Place Karen Dunford F55 1st Place Bev Wright F60 1st Place Alison Titterington	Senior Men Champion Phil Leybourne M40 1st Place Paul Beech M45 1st Place Paul Plummer M50 1st Place Paul Sparrow M55 1st Place Brandon Willoughby M65 1st Place Alan Wilkinson M70 1st Place Bob Massey M80 1st Place John Winters	U13 Boys Champion Luke Rawcliffe U13 Girls Champion Bethany Whipp U11 Girls Champion Gracie Scott
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2016

ROAD AND TRAIL CHAMPIONSHIP FIXTURES 2016			
Sunday	13.03.16	Sweatshop 10 Bispham	Results
Sunday	20.03.16	Garstang Gallop	Results
Sunday	01.05.16	Sherriff 10k Scorton	Results
Wednesday	11.05.16	Preston Inter Club	Results
Thursday	09.06.16	Lytham Inter Club	Results
Sunday	19.06.16	Freckleton Half-marathon	Results
Tuesday	21.06.16	Thornton Inter Club	Results
Saturday	02.07.16	Catforth Canter 5k	Results
Sunday	10.07.16	St Annes Carnival 5k	Results
Monday	18.07.16	Wesham RR Inter Club	Results*
Thursday	04.08.16	Badger 10k Trail Bamber Bridge *Championship*	Results
Wednesday	10.08.16	Chorley AC Inter Club	Results
Saturday	20.08.16	Pilling 10k	Results
Sunday	28.08.16	Great Eccleston 4	Results
Wednesday	07.09.16	Red Rose Inter Club Leyland	Results
Sunday	16.10.16	Green Drive 5 Lytham St Annes	Results
Sunday	23.10.16	Fairclough 5 Thornton Cleveleys	Results

* Invalid results

Road Championship Category Winners 2016

Senior Women Champion Bev Wright F40 1st Place Michelle Tickle F45 1st Place Laura Lawler F50 1st Place Karen Dunford F55 1st Place Bev Wright	Senior Men Champion John Wright M35 1st Place James Unsworth M50 1st Place Simon Scarr M55 1st Place Brandon Willoughby M65 1st Place Bob Massey M80 1st Place John Winters
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Jessica Rogers and Peter Singleton were the 2016 Trail Championship winners.

Peter Singleton also won the Fell Championship.

2015

ROAD/TRAIL RUNNING QUALIFIERS 2015						
Pos	Men	Pts	Cat	Women	Pts	Cat
1	Liam Craine	6	SM	Bev Wright	7	FV50
2	John Wright	14	V50	Michelle Tickle	13	FV40
3	Jim Unsworth	16	SM	Laura Lawler	16	FV45
4	Ian Dawson	17	SM	Becky Rogers	20	F
5	Dave Williamson	22	V40	Kirsty Holland	21	F
6	Rick Pinches	27	V45	Karen Dunford	26	FV45
7	Peter Broome	33	V60	Dawn Maher	43	F
8	Jeff Wilson	34	V40	-	-	-
9	Terry Westhead	39	V50	-	-	-
10=	John Bradley	53	V70	-	-	-
10=	John Winters	53	V75	-	-	-
12	Peter Gibson	63	V60	-	-	-
13	Simon Scarr	65	V50	-	-	-
14	Steve Minto	68	V60	-	-	-
15	Bernard Singleton	71	V65	-	-	-
16	Alan Wilkinson	72	V65	-	-	-

Michelle Tickle and Liam Craine were the 2015 Trail championship winners.
Peter Singleton was the men's Fell champion.

2014

ROAD/TRAIL RUNNING QUALIFIERS 2014						
Pos	Men	Pts	Cat	Women	Pts	Cat
1	John Wright	11	V45	Bev Wright	7	FV50
2	Jim Unsworth	10	SM	Emily Japp	9	F
3	Liam Craine	15	SM	Laura Lawler	18	FV45
4	Brandon Willoughby	16	V55	Karen Dunford	27	FV45
5	Ian Dawson	25	V35	Tanya Barlow	36	V40
6	Dave Williamson	29	V40	Lisa Haddock	48	FV35
7	Terry Westhead	38	V50	-	-	-
8	Dave Randall	49	V50	-	-	-
9	Bob Massey	57	V65	-	-	-
10	Alan Wilkinson	59	V65	-	-	-
11=	John Bradley	69	V70	-	-	-
11=	Simon Scarr	69	V50	-	-	-
13	John Winters	78	V75	-	-	-
14	Anthony Blight	79	V40	-	-	-
15	Coner Millward	88	JM	-	-	-
16	Bernard Singleton	94	V65	-	-	-
17	David Twizell	108	V55	-	-	-
18	Tony Croft	133	V60	-	-	-

Bev Wright and John Wright were the 2014 Trail championship winners.

2013

ROAD/TRAIL RUNNING QUALIFIERS 2013						
Pos	Men	Pts	Cat	Women	Pts	Cat
1	Liam Craine	13	SM	Bev Wright	9	FV50
2	Trevor Uttley	20	V45	Laura Lawler	19	FV40
3=	John Bradley	57	V70	-	-	-
3=	Dave Randall	57	V50	-	-	-
5	John Winters	61	V75	-	-	-
6	Dave Heaton	79	V55	-	-	-
7	Tony Croft	81	V60	-	-	-
8	Bob Massey	94	V65	-	-	-
9	Norman Greenwood	99	V70	-	-	-

Laura Lawler and John Wright were the 2013 Trail championship winners.

2012

ROAD/TRAIL RUNNING QUALIFIERS 2012						
Pos	Men	Pts	Cat	Women	Pts	Cat
1	John Wright	12	V45	Bev Wright	8	FV50
2	Steve Waterhouse	13	V40	Stasia Bligh	19	FV35
3	Liam Craine	20	SM	Hilary Goorney	25	FV65
4	Trevor Uttley	35	V45	Laura Lawler	26	FV40
5	Dave Randall	61	V50	Alison Titterington	31	FV55
6	John Bradley	74	V70	-	-	-
7	Tony Croft	101	V60	-	-	-
8	John Winters	104	V75	-	-	-

ROAD AND TRAIL CHAMPIONSHIP FIXTURES 2012			
Friday	06.04.12	Caldervale Country 10	Results
Tuesday	17.04.12	Chernobyl 5k	Results
Monday	07.05.12	Preston Guild 5k	Results
Thursday	10.05.12	LSARR Inter club	Results
Sunday	20.05.12	Fishwick 5 Trail Race *CHAMPIONSHIP*	Results
Wednesday	13.06.12	Preston H Inter club	Results
Sunday	17.06.12	Freckleton Half-marathon	Results
Sunday	24.06.12	Sotos 10k Fleetwood	Results
Saturday	08.07.12	Lytham St Annes Carnival 5k	Results
Monday	16.07.12	Wesham RR Inter club	Results
Wednesday	18.07.12	Lancaster & Morecambe 10k	Results
Thursday	02.08.12	Badger 10k Trail Race Bamber Bridge	Results
Wednesday	15.08.12	Chorley AC Inter club	Results
Wednesday	05.09.12	Red Rose RR Inter club Leyland	Results
Sunday	30.09.12	Run Preston 10k	Results
Sunday	07.10.12	Lytham Hall 5k	Results
Sunday	21.10.12	Green Drive 5 Lytham St Annes	Results
Sunday	28.10.12	Preston Guild Half-marathon	Results

2011

ROAD/TRAIL RUNNING QUALIFIERS 2011

Pos	Men	Pts	Cat	Women	Pts	Cat
1	Stuart Robinson	7	SM	Caroline Betmead	7	FV35
2	John Wright	13	V45	Bev Wright	12	FV50
3	Steve Waterhouse	16	V40	Tanya Ashworth	24	FV35
4	Uber Cirelli	16	SM	Alison Titterington	25	FV50
5	Brandon Willoughby	17	V50	Laura Lawler	31	FV40
6	Peter Broome	42	V55	-	-	-
7	Mike Golden	59	V55	-	-	-
8	Duncan Richardson	66	V45	-	-	-
9	Bob Newman	68	V65	-	-	-
10	Dave Brooks	71	SM	-	-	-
11	Terry Bradshaw	74	V50	-	-	-
12	Tony Croft	96	V60	-	-	-
13	John Winters	118	V75	-	-	-
14	Norman Greenwood	157	V70	-	-	-

ROAD AND TRAIL CHAMPIONSHIP FIXTURES 2011

Saturday	19.02.11	Standish Hall Trail Race	Results
Sunday	03.04.11	Three Bridges 10k Lancaster	Results
Sunday	17.04.11	Garstang Gallop 10k	Results
Friday	22.04.11	Salford 10k	Results
Sunday	01.05.11	Dallam Dash 10k	Results
Thursday	05.05.11	LSARR Inter club	Results
Sunday	08.05.11	Beaverbrooks 10k Fun Run Blackpool	Results
Sunday	29.05.11	Fishwick 5 Trail Race *CHAMPIONSHIP*	Results
Sunday	05.06.11	Longridge Lions 7	Results
Wednesday	08.06.11	Preston H Inter club	Results
Sunday	19.06.11	Freckleton Half-marathon	Results
Sunday	26.06.11	Sotos 10k Fleetwood	Results
Monday	18.07.11	Wesham RR Inter club	Results
Saturday	23.07.11	Elswick Express 10	Results
Thursday	04.08.11	Badger 10k Trail Race Bamber Bridge	Results
Sunday	07.08.11	Wagon & Horses 10	Results
Wednesday	10.08.11	Chorley AC Inter club	Results
Wednesday	07.09.11	Red Rose RR Inter club Leyland	Results
Sunday	18.09.11	Garstang Half-marathon	Results
Sunday	25.09.11	Run Preston 10k	Results
Sunday	16.10.11	Green Drive 5 Lytham St Annes	Results

2010

ROAD RUNNING QUALIFIERS 2010						
Pos	Men	Pts	Cat	Women	Pts	Cat
1	John Wright	9	V45	Tanya Ashworth	18	FV35
2	Steve Waterhouse	25	V40	Alison Titterington	23	FV50
3	Peter Broome	30	V55	Laura Lawler	25	FV40
4	Bob Newman	51	V65	Ruth Calderbank	40	FV55
5	Mike Golden	53	V55	-	-	-
6	Chris Bligh	56	V45	-	-	-
7	John Bradley	85	V70	-	-	-

ROAD RUNNING CHAMPIONSHIP FIXTURES 2010				
Friday	02.04.10	Caldervale Country 10	Results	L1
Sunday	11.04.10	Three Bridges 10k Lancaster	Results	M1
Sunday	25.04.10	Garstang Gallop 10k	Results	M2
Thursday	13.05.10	LSARR Inter Club	Results	S1
Wednesday	09.06.10	Preston Inter Club	Results	S2
Sunday	20.06.10	Freckleton Half-marathon	Results	L2
Sunday	27.06.10	Sotos 10k Fleetwood	Results	M3
Sunday	11.07.10	Lune Valley & Howgill 10 Sedbergh	Results	L3
Monday	19.07.10	Wesham Inter Club	Results	S3
Sunday	01.08.10	Cliviger 6	Results	M4
Sunday	01.08.10	Wagon & Horses 10 Lancaster	Results	L4
Wednesday	11.08.10	Chorley Inter Club	Results	S4
Wednesday	01.09.10	Red Rose Inter Club Leyland	Results	S5
Sunday	26.09.10	Run Preston 10k	Results	M5
Sunday	17.10.10	Green Drive 5 Lytham	Results	S6

2009

ROAD RUNNING QUALIFIERS 2009						
Pos	Men	Pts	Cat	Women	Pts	Cat
1	John Wright	9	V40	Bev Wright	8	FV45
2	Peter Broome	35	V50	Tanya Ashworth	19	FV35
3	Ian Close	43	V50	Karen Dunford	26	FV40
4	Dave Robson	48	V40	Ruth Calderbank	31	FV55
5	Terry Bradshaw	51	V45	Hilary Goorney	42	FV65
6	Tony Airnes	57	V55	-	-	-
7	Reg Smallbone	60	V60	-	-	-
8	Peter Gibson	71	V55	-	-	-
9	Bob Massey	73	V60	-	-	-
10	John Winters	98	V70	-	-	-
11	John Bradley	110	V65	-	-	-

ROAD RUNNING CHAMPIONSHIP FIXTURES 2009				
Sunday	08.03.09	Roddlesworth Roller	Results	M1
Sunday	15.03.09	St Annes 10	Results	L1
Friday	10.04.09	Caldervale Country 10	Results	L2
Sunday	19.04.09	Garstang Gallop 10k	Results	M2
Thursday	07.05.09	LSARR Inter Club	Results	S1
Wednesday	10.06.09	Preston Inter Club	Results	S2
Sunday	21.06.09	Freckleton Half-marathon	Results	L3
Sunday	28.06.09	Sotos 10k Fleetwood	Results	M3
Monday	20.07.09	Wesham Inter Club	Results	S3
Sunday	02.08.09	Wagon & Horses 10 Lancaster	Results	L4
Wednesday	12.08.09	Chorley Inter Club	Results	S4
Wednesday	09.09.09	Red Rose Inter Club Leyland	Results	S5
Sunday	27.09.09	Chernobyl 10k Walton-le-Dale	Results	M4
Sunday	27.09.09	Preston 10k	Results	M4
Sunday	11.10.09	Waddington 10k	Results	M4
Sunday	18.10.09	Green Drive 5 Lytham Lancs Champs	Results	S6
Sunday	25.10.09	Accrington 10k	Results	M5

2008

ROAD RUNNING QUALIFIERS 2008						
Pos	Men	Pts	Cat	Women	Pts	Cat
1	Stuart Robinson	16	SM	Bev Wright	12	FV45
2	Peter Broome	45	V50	Tanya Ashworth	26	FV35
3	Jeff Wright	90	V50	Ruth Calderbank	31	FV55
4	Mike Golden	99	V55	Alison Titterington	39	FV50
5	Peter Gibson	126	V50	-	-	-
6	John Bradley	128	V65	-	-	-
7	Howard Henshaw	152	V65	-	-	-

2007

ROAD RUNNING WINNERS 2007	
Cat	Name
SM	Stuart Robinson
M40	John Wright
M45	Jeff Wright
M50	Les Endean
M55	David Wood
M60	Bob Massey
M65	John Bradley
M75	Mike Walsh
SW	Andrea Smith
W35	Tanya Ashworth
W45	Bev Wright
W55	Ruth Calderbank