

## 10k – Women - 2010

Time	Chip	Name	Cat	Race	Date
<b>36.54</b>		<b>Gemma Unsworth</b>	<b>F</b>	<b>Rothwell</b>	<b>03.05.10</b>
39.33		Stasia Bligh	F	Rothwell	03.05.10
40.00		Carolyn Robbins	FV50	Salford	02.04.10
40.17		Bev Wright	FV45	Catforth	11.07.10
41.50		Abi Lucas	U20	Stanley Park	07.03.10
42.50		Caroline Betmead	FV35	Sotos Fleetwood	27.06.10
43.11		Tanya Ashworth	FV35	Sotos Fleetwood	27.06.10
44.19	44.08	Andrea Smith	FV40	Wesham	27.11.10
45.24	45.12	Alison Titterington	FV50	Wesham	27.11.10
45.53		Laura Lawler	FV40	Lancaster & More.	21.07.10
45.56		Sally Laine	FV35	Bolton	25.04.10
47.14		Karen Dunford	FV40	3 Bridges Lancaster	11.04.10
48.08		Ruth Calderbank	FV55	Stratford-U-Avon	06.03.10
49.21		Vicky Robinson	F	Lancaster & More.	21.07.10
57.16		Jenny Ryan	FV55	Sotos Fleetwood	27.06.10
60.26		Hilary Goorney	FV65	Sotos Fleetwood	27.06.10
65.56		Zoë Dixon	FV40	Garstang	31.01.10