

10k – Women - 2008

Time	Name	Cat	Race	Date
36.37	Caroline Betmead	F35	Ribble Valley	28.12.08
37.19	Gemma Unsworth	F	Ribble Valley	28.12.08
38.30	Bev Wright	F45	Ribble Valley	28.12.08
39.10	Carolyn Robbins	F45	Stanley Park	09.03.08
40.16	Vicky Weller	F35	Kirkham	07.09.08
41.46	Tanya Ashworth	F35	Garstang	13.01.08
41.51	Andrea Smith	F40	Ribble Valley	28.12.08
42.48	Chrissie O'Connor	F45	Kirkham	07.09.08
43.10	Stasia Bligh	F	Stanley Park	09.03.08
43.59	Carly Robbins	F	Salford	21.03.08
45.31	Karen Dunford	F40	Ribble Valley	28.12.08
46.34	Alison Titterington	F50	Sotos Fleetwood	29.06.08
46.45	Ruth Calderbank	F55	Middlesbrough	21.09.08
50.18	Debbie Cardwell	F40	Sotos Fleetwood	29.06.08
52.49	Janice Delaney	F40	Sotos Fleetwood	29.06.08
52.53	Julie Murphy	F40	Wesham	29.11.08
53.05	Margaret Brown	F60	Blackpool	30.03.08
53.32	Cath Heap	F35	Garstang Gallop	20.04.08
53.33	Gillian Murphy	F35	Garstang Gallop	20.04.08
54.59	Margaret Brown	F65	Wesham	29.11.08
55.49	Vicky Robinson	F	Ribble Valley	28.12.08
55.59	Gwen James	F40	Sotos Fleetwood	29.06.08
56.31	Vanessa Leyland	F35	Stanley Park	09.03.08
57.21	Jackie Williams	F40	Lancaster	23.07.08
57.25	Gill Bennett	F40	Catforth	13.07.08
57.35	Paula Washington	F35	Garstang	13.01.08
57.39	Melanie Yeomans	F40	Garstang	13.01.08
59.13	Hilary Goorney	F60	Garstang	13.01.08
60.36	Pauline Lambert	F40	Ribble Valley	28.12.08
60.36	Fliss Cunningham	F40	Ribble Valley	28.12.08
62.25	Sue Cawley	F40	Ribble Valley	28.12.08
63.17	Zoë Dixon	F35	Dallam Dash	04.05.08
64.57	Julie Rae	F45	Garstang	13.01.08
65.15	Pam Colby	F45	Garstang	13.01.08