

## 10k – Women - 2007

<b>Time</b>	<b>Name</b>	<b>Cat</b>	<b>Race</b>	<b>Date</b>
<b>38.24</b>	<b>Caroline Betmead</b>	<b>F35</b>	<b>Birchwood</b>	<b>19.08.07</b>
38.55	Carolyn Robbins	F45	Ribble Valley	30.12.07
40.15	Bev Wright	F45	Ribble Valley	30.12.07
41.08	Andrea Smith	F40	Warrington	28.06.07
41.17*	Tanya Ashworth	F35	Red Rose	26.12.07
41.55*	Chrissie O'Connor	F45	Red Rose	26.12.07
46.41	Alison Titterington	F50	Birchwood	19.08.07
47.59	Ruth Calderbank	F55	Garstang	14.01.07
48.49	Karen Dunford	F40	Dallam	06.05.07
49.56	Liz Stambridge	F50	Stanley Park	11.03.07
50.20	Debbie Cardwell	F40	Kirkham	09/09/07
52.00	Janice Delaney	F40	Wesham	24.11.07
52.03	Abigail Lucas	F	Illuminations	15/09/07
52.46	Margaret Brown	F60	Kirkham	09/09/07
53.33	Gill Bennett	F40	Garstang	14.01.07
54.21	Cath Heap	F35	Kirkham	09/09/07
54.21	Gillian Murphy	F35	Kirkham	09/09/07
54.21	Paula Washington	F35	Ribble Valley	30.12.07
54.52	Lynne Naylor	F35	Stanley Park	11.03.07
55.01	Melanie Yeomans	F40	Ribble Valley	30.12.07
55.17	Jackie Williams	F40	Ribble Valley	30.12.07
56.40	Eileen Swallow	F55	Liverpool Women's	13.05.07
56.52	Jacqui Blight	F40	Waddington	21.10.07
56.59	Hilary Goorney	F60	Ribble Valley	30.12.07
57.21	Zoe Dixon	F35	Dallam	06.05.07
57.50	Gwen James	F40	Ribble Valley	30.12.07
63.19	Pam Colby	F45	Garstang Gallop	22.04.07
63.48	Julie Rae	F45	3 Bridges	15.04.07
64.22	Joanne Sharples	F35	Treacle Mine Sabden	19.06.07
65.48	Sue Cawley	F40	Kirkham	09/09/07
66.11	Joyce Wallace	F60	Kirkham	09/09/07
70.41	Vicky Rook	F40	3 Bridges	15.04.07
70.44	Pauline Lambert	F40	3 Bridges	15.04.07

\* Red Rose times “about 20 seconds” under.

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