

## 10k – Men - 2006

<b>Time</b>	<b>Name</b>	<b>Cat</b>	<b>Race</b>	<b>Date</b>
<b>32.18</b>	<b>Greg Seddon</b>	<b>V40</b>	<b>Ribble Valley</b>	<b>31.12.06</b>
32.19	Tom Cunningham	MJ	Red Rose	26.12.06
33.08	Malc Eadie	SM	Red Rose	26.12.06
35.14	Vaughan Sadler	V45	Shell Sutton (Chester)	24.09.06
36.09	Jeff Lawton	V45	Wesham	25.11.06
36.14	Bill Eadie	V40	Rufford	03.09.06
37.09	Trevor Uttley	V40	Accrington	29.10.06
37.59	John Wright	V40	Ribble Valley	31.12.06
38.13	Andy Delaney	V40	Red Rose	26.12.06
40.06	Chris Lloyd	SM	Kirkham	10.09.06
40.12	Duncan Richardson	V40	Ribble Valley	31.12.06
40.32	Terry Webster	V55	Kirkham	10.09.06
40.47	Luke Berry	MJ	Wesham	25.11.06
41.03	Ian Close	V50	Ulverston	03.12.06
41.12	Terry Bradshaw	V45	Ribble Valley	31.12.06
41.22	Derek Crane	SM	Accrington	29.10.06
41.49	Tony Codling	V40	Kirkham	10.09.06
42.05	Dave Brooks	SM	Wesham	25.11.06
42.40	Luke Wood	MJ	Red Rose	26.12.06
42.42	Brandon Willoughby	V45	Kirkham	10.09.06
43.52	Tim Helmore	V40	Wesham	25.11.06
43.53	Kevin Woods	V45	Kirkham	10.09.06
44.02	Jonathan Fountain	SM	Kirkham	10.09.06
44.36	Steve Abbott	V45	Kirkham	10.09.06
44.40	Steve Minto	V55	Kirkham	10.09.06
44.46	Dave Robson	V40	Ribble Valley	31.12.06
44.52	Howard Barlow	V50	Wesham	25.11.06
46.30	Peter Gibson	V50	Ribble Valley	31.12.06
46.43	Bob Massey	V55	Ribble Valley	31.12.06
46.48	Dave Wood	V55	Ribble Valley	31.12.06
46.50	Andy Dickman	V50	Wesham	25.11.06
47.33	Steve Browne	V40	Kirkham	10.09.06
47.53	David Twizell	V50	Ribble Valley	31.12.06
48.15	Dave Dyson	V50	Kirkham	10.09.06
48.44	John Winters	V70	Kirkham	10.09.06
49.08	John Bradley	V65	Wesham	25.11.06
50.04	Howard Henshaw	V65	Red Rose	26.12.06
50.34	Mike Walsh	V70	Kirkham	10.09.06
52.06	Chris McLeod	V45	Kirkham	10.09.06

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