

10 Miles – Women - 2009

Time	Name	Cat	Race	Date
60.39	Gemma Unsworth	SW	Guys	06.12.09
66.20	Bev Wright	F45	Derwentwater	01.11.09
66.28	Carolyn Robbins	F50	Preston	15.11.09
68.39	Stasia Bligh	SW	Guys	06.12.09
73.09	Tanya Ashworth	F35	Guys	06.12.09
75.09	Laura Mountjoy	SW	St Annes	15.03.09
76.54	Andrea Mason	SW	Guys	06.12.09
78.23	Karen Dunford	F40	St Annes	15.03.09
78.38	Ruth Calderbank	F55	Preston	15.11.09
94.51	Paula Washington	F40	St Annes	15.03.09
98.51	Jackie Williams	F45	Guys	06.12.09
99.59	Gwen James	F45	St Annes	15.03.09